

Special Olympics South Dakota - Basketball Skills Assessment for Individuals

Name: _____
Jersey Number: _____
Team Name: _____
Delegation: _____

Athlete Partner
Coach's Name: _____
Evaluator's Name: _____
Date of Evaluation: / /

Individual Assessment for Team Play

A. Ball Handling (one choice- should be the most representative of the athlete's skill level)

- Has difficulty dribbling and catching (1)
- Possesses some ball handling skills but they are very limited (2)
- Can handle ball with dominant hand only (3)
- Can handle ball with both hands (4)
- Has ability to go either direction on the dribble (5)
- Has ability to beat defender regularly with dominant hand (6)
- Has ability to beat defender regularly with either hand (7)

Score:

B. Passing (one choice- should be the most representative of the athlete's skill level)

- Has difficulty completing a pass/short pass to a teammate (1)
- Can sometimes make a pass to an open teammate with token pressure (2)
- Can only complete a pass to teammate after looking directly at him/her (3)
- Has ability to choose best type of pass (bounce, chest, skip, other) (4)
- Has ability to complete a no look or quick pass to an open teammate (5)
- Controls game with ability to complete an advanced pass (no look/snap pass) to open player in good position (6)

Score:

C. Movement (one choice- should be the most representative of the athlete's skill level)

- Maintains a stationary position; does not move to a loose ball (1)
- Moves only 1-2 steps toward ball or opponent (2)
- Moves toward ball; but reaction time is slow and only in a limited area of the floor (3)
- Movement permits adequate court coverage (4)
- Good court coverage; reasonably aggressive (5)
- Exceptional court coverage; aggressive anticipation (6)
- Plays at continuous fast pace; beats opponents up and down court (7)

Score:

D. Game Awareness (one choice- should be the most representative of the athlete's skill level)

- Sometimes confused on offense and defense; may shoot at wrong basket (1)
- Can play in fixed position as instructed by coach; may go after an occasional loose ball (2)
- Limited understanding of the game and can run some offensive and defensive sets - coach prompted (3)
- Moderate understanding of the game, some off and def sets and can occasionally fast break (4)
- Advanced understanding of the game and mastery of basketball fundamentals (5)

Score:

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E. Shooting

(one choice- should be the most representative of the athlete's skill level)

- Struggles to get ball to the hoop (1)
- Periodically can make an uncontested layup (2)
- Can make shots inside of lane (3)
- Can make shots inside of lane and occasionally attempts a mid range jump shot (4)
- Can make some mid range jump shots (5)
- Can make some mid range jump shots and will attempt shots beyond 15' (6)
- Has excellent shooting form and makes shots from all ranges on court (7)

Score:

F. Rebounding

(one choice- should be the most representative of the athlete's skill level)

- No understanding of rebounding positions or principles, often beaten to a missed shot (1)
- Gets rebounds only when they land directly to him/her (2)
- Goes after loose balls within 3 to 4 steps (3)
- Aggressively goes after rebounds, gets many (4)
- Exceptional ability to get to missed shots on both sides of the basket and either side of the court (5)

Score:

G. Height/Length

(one choice- should be the most representative of the athlete's skill level)

In general where does athlete rank for age (Scale of 2-8)

- Height range of 4' - 4'6" (1)
- Height range of 4'6" - 5' (2)
- Height range of 5' - 5'4" (3)
- Height range of 5'4" - 5'8" (4)
- Height range of 5'8" - 6' (5)
- Height range of 6' - 6'4" (6)
- Height range of 6'4" and above (7)

Score:

TOTAL SCORE:

Divide TOTAL SCORE by 7 to determine OVERALL RATING

(round off to the nearest tenth i.e. 4.97 = 5.0 or 3.53 = 3.5)

OVERALL RATING:

