

2024

Area Spring Games

State Summer Games



AREA SPRING GAMES & SWIM COMPETITION

	Swimming	Athletics
Northeast Area	April 26, 2024 Location: Prairie Lakes Wellness Center, Watertown Time: 12:00 pm-4:00 pm Registration Deadline: April 8, 2024 Send registration to State Office	May 3, 2024 Location: High School Track, Milbank Time: 8:00 am-3:30 pm Registration Deadline: April 8, 2024 Send registration to State Office
Southeast Area	May 3, 2024 Location: Midco Aquatics Center, Sioux Falls Time: 1:00 pm-5:00 pm Registration Deadline: April 8, 2024 Send registration to State Office	April 27, 2024 Location: Brandon High School, Brandon Time: 8:00 am-3:30 pm Registration Deadline: April 8, 2024 Send registration to State Office
Black Hills Area	April 27, 2024 Location: Young Center, Spearfish Time: 9:00 am-12:00 pm Registration Deadline: April 8, 2024 Send registration to Black Hills Area Director Cathy Grubb	April 26, 2024 Location: Sioux Park, Rapid City Time: 8:30 am-4:00 pm Registration Deadline: April 8, 2024 Send registration to Black Hills Area Director Cathy Grubb
Mission		April 24, 2024 Location: High School Track, Mission Time: 1:00 pm-3:30 pm Registration Deadline: April 8, 2024 Send registration to Black Hills Area Director Cathy Grubb

Area Specific Information

- LODGING:** Should not be necessary but this is not provided.
- MEALS:** Lunch is typically provided at Area track meets.
- AWARDS:** Ribbons will be awarded for all places in all events.
- EVENTS:**
- All events within the sports offered at Area Athletics & Swimming are the same offered at State. All rules are the same for Area and State.
 - The following sports are offered only at State: Team Soccer, Soccer Skills, Powerlifting, Volleyball, and Volleyball Skills.
 - Area participation is required to be eligible for participation at state.

State Summer Games

Date: May 16-18, 2024
 Location: University of South Dakota, Vermillion
 Registration Deadlines: April 8, 2024
 Registration Fee: \$20.00 per guest staying in the campus dorms

2024 Southeast Area Spring Games

Tentative Schedule of Events

Location: Brandon High School, Brandon

Schedule: 8 - 8:30 am Delegation Registration
 8:30 am Line up for Opening Ceremony
 8:45 am Opening Ceremony

9:00 am	Male & Female 3000 M Run Female 100 M Dash Female 100 M Wheelchair Male & Female 50 M Assisted Walk Female 50 M Walk Female 50 M Dash Female 200M Dash Female 200M Wheelchair Female 800M Run Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race Female 400 M Dash	12:15 pm	Male & Female 1500 M Run Male & Female 30 M Wheelchair Slalom Male & Female 4 X 25 M Wheelchair Relay Female Softball Throw Female Tennis Ball Throw Male & Female Tennis Ball Throw MATP Female Shot Put Female Mini Jav Male 400 M Dash Male 100 M Dash Pentathlon-100 M Dash Male 100 M Wheelchair Male 50 M Walk Male 50 M Dash Male 200 M Dash Male 200 M Wheelchair Male 800 M Run Pentathlon-800 M Dash
9:00 am	Male Softball Throw Male Tennis Ball Throw Male Shot Put Pentathlon-Shot Put Male Mini Jav		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
10:00 am	Male Standing Long Jump Male Running Long Jump Pentathlon-Long Jump		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
11:00 am	Male High Jump Pentathlon-High Jump Female High Jump	1:30 pm	Female Standing Long Jump Female Running Long Jump
11:45 pm	Lunch		

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of these once registrations are processed.

2024 Black Hills Area Spring Games

Tentative Schedule of Events

Location: Sioux Park, Rapid City

Schedule: 8 - 8:30 am Delegation Registration
 8:30 am Line up for Opening Ceremony
 8:45 am Opening Ceremony

9:00 am	Male & Female 3000 M Run Female 100 M Dash Female 100 M Wheelchair Male & Female 50 M Assisted Walk Female 50 M Walk Female 50 M Dash Female 200M Dash Female 200M Wheelchair Female 800M Run Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race Female 400 M Dash	12:15 pm	Male & Female 1500 M Run Male & Female 30 M Wheelchair Slalom Male & Female 4 X 25 M Wheelchair Relay
9:00 am	Male Softball Throw Male Tennis Ball Throw Male Shot Put Pentathlon-Shot Put Male Mini Jav	12:30 pm	Female Softball Throw Female Tennis Ball Throw Male & Female Tennis Ball Throw MATP Female Shot Put Female Mini Jav 12:45 pm Male 400 M Dash Male 100 M Dash Pentathlon-100 M Dash Male 100 M Wheelchair Male 50 M Walk Male 50 M Dash Male 200 M Dash Male 200 M Wheelchair Male 800 M Run Pentathlon-800 M Dash
10:00 am	Male Standing Long Jump Male Running Long Jump Pentathlon-Long Jump	1:30 pm	Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay Female Standing Long Jump Female Running Long Jump
11:00 am	Male High Jump Pentathlon-High Jump Female High Jump		
11:45 pm	Lunch		

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of these once registrations are processed

2024 Northeast Area Spring Games

Tentative Schedule of Events

Location: High School - Milbank

Schedule: 8 - 8:30 am Delegation Registration
 8:30 am Line up for Opening Ceremony
 8:45 am Opening Ceremony

9:00 am	Male & Female 3000 M Run Female 100 M Dash * Female 100 M Wheelchair Male & Female 50 M Assisted Walk Female 50 M Walk Female 50 M Dash Female 200M Dash Female 200M Wheelchair Female 800M Run Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race Female 400 M Dash	12:15 pm	Male & Female 1500 M Run Male & Female 30 M Wheelchair Slalom Male & Female 4 X 25 M Wheelchair Relay
		12:30 pm	Female Softball Throw Female Tennis Ball Throw Male & Female Tennis Ball Throw MATP Female Shot Put Female Mini Jav
		12:45 pm	Male 400 M Dash Male 100 M Dash Pentathlon-100 M Dash Male 100 M Wheelchair Male 50 M Walk Male 50 M Dash Male 200 M Dash Male 200 M Wheelchair Male 800 M Run Pentathlon-800 M Dash
9:00 am	Male Softball Throw Male Tennis Ball Throw Male Shot Put Pentathlon-Shot Put Male Mini Jav		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
10:00 am	Male Standing Long Jump Male Running Long Jump Pentathlon-Long Jump		
		1:30 pm	Female Standing Long Jump Female Running Long Jump
11:00 am	Male High Jump Pentathlon-High Jump Female High Jump		
11:45 pm	Lunch		

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of these once registrations are processed

2024 Mission Games

Tentative Schedule of Events

Location: High School – Mission

Schedule: 12 - 12:30 pm Delegation Registration
 12:45 pm Opening Ceremony

1:00 pm	Female Softball Throw Male Softball Throw	2:00 pm	Female 50 M Walk Male 50 M Walk Female 50 M Dash Male 50 M Dash Male & Female 50 M Assisted Walk
	Female Tennis Ball Throw Male Tennis Ball Throw Male & Female Tennis Ball Throw MATP		
	Female Shot Put Male Shot Put *	2:30 pm	Female 100 M Wheelchair Male 100 M Wheelchair Female 100 M Dash Male 100 M Dash *
	Female Mini Jav Male Mini Jav		Male 200 M Wheelchair Female 200M Wheelchair Female 200M Dash Male 200 M Dash
1:30 pm	Female Running Long Jump Male Running Long Jump *		
	Female Standing Long Jump Male Standing Long Jump		Female 400 M Dash Male 400 M Dash
	Female High Jump Male High Jump *	3:00 pm	Female 800M Run Male 800 M Run *
2:00 pm	Male & Female 3000 M Run		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay
	Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race Male & Female 30 M Wheelchair Slalom		Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
	Male & Female 1500 M Run		Male & Female 4 X 25 M Wheelchair Relay

* Heats for the Pentathlon will also be run at the indicated times

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of this once registrations are processed.

2024 Southeast Area Swim Competition Tentative Schedule of Events

(subject to change based on registrations)

Location:	Midco Aquatics Center, Sioux Falls	
Schedule:	12:30 pm	Delegation Registration
	12:45 pm	Opening Ceremony
	4' 1:00 pm	25M Freestyle 25M Flotation 15M Assisted Swim 15M Walk 15M Flotation 15M Freestyle 15M MATP 25M Backstroke 25M Assisted Swim 25M Butterfly 25M Breaststroke 25M MATP
	9' 1:00 pm	100M Freestyle 50M Freestyle 100M Backstroke 50M Backstroke 100M Individual Medley 50M Butterfly 50M Breaststroke 4 X 25 Meter Unified Relay 4 X 25 Meter Relay 4 X 50 Meter Relay

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2024 Northeast Area Swim Competition Tentative Schedule of Events

(subject to change based on registrations)

Location: Prairie Lakes Wellness Center, Watertown

Schedule: 12:15 pm Delegation Registration

12:45 pm Opening Ceremony

1:00 pm 15M Assisted Swim

15M Walk

15M Flotation

15M Freestyle

15M MATP

25M Flotation

25M Assisted Swim

25M MATP

4 X 25 Meter Unified Relay

4 X 25 Meter Relay

4 X 50 Meter Relay

25M Freestyle

50M Freestyle

100M Freestyle

25M Backstroke

50M Backstroke

100M Backstroke

25M Butterfly

50M Butterfly

25M Breaststroke

50M Breaststroke

100M Individual Medley

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2024 Black Hills Area Aquatics Competition Tentative Schedule of Events

(subject to change based on registrations)

Location: Young Center – Spearfish

Schedule: 9:00 am Delegation Registration

9:15 am Opening Ceremony

9:30 am 15M Assisted Swim

15M Walk

15M Flotation

15M Freestyle

15M MATP

25M Flotation

25M Assisted Swim

25M MATP

4 X 25 Meter Unified Relay

4 X 25 Meter Relay

4 X 50 Meter Relay

25M Freestyle

50M Freestyle

100M Freestyle

25M Backstroke

50M Backstroke

100M Backstroke

25M Butterfly

50M Butterfly

25M Breaststroke

50M Breaststroke

100M Individual Medley

SOUTH DAKOTA STATE UNIVERSITY



2024 State Summer Games - Campus of USD – Vermillion

Tentative Schedule of Events

Thursday, May 16, 2024

3:00p – 6:30p Delegation Registration
 7:00p Opening Ceremony
 8:00p – 9:30p Athlete Entertainment

Friday, May 17, 2024

6:30a – 8:30a Delegation Breakfast	9:00a cont. Soccer Skills
8:00a – 2:00p Delegation Registration	Powerlifting
8:00a – 1:30p Volunteer Registration	Swimming
9:00a – 4:00p Healthy Athletes	11:00a – 1:00p Delegation Lunch Pick-Up
9:00a – 4:00p Souvenirs	1:00p Team Volleyball
9:00a – 4:00p Volunteer Hospitality	4:30p – 6:00p Delegation Dinner Shift 1
8:00a Powerlifting Weigh-ins	6:00p – 7:30p Delegation Dinner Shift 2
9:00a Team Soccer	5:30p Athlete Input Council Meeting
Volleyball Skills	7:30p – 9:00p Dance

Saturday, May 18, 2024

6:30a – 8:30a Delegation Breakfast	10:45a Female 400 M Dash
7:30a – 1:30p Volunteer Registration	Female 4 X 100 M Relay
8:00a – 9:00a Delegation Registration	Female 4 X 100 M Unified Relay
9:00a – 2:00p Souvenirs	Female 4 X 400 M Relay
9:00a – 2:00p Volunteer Hospitality	11:00a – 1:00p Lunch Available
7:45a Male & Female 3000 M Run	
8:00a Pentathlon – Shot Put	11:30a Male & Female 30 M Wheelchair Slalom
Male 30+ Shot Put	Male & Female 4 X 25 M Wheelchair Relay
	Male & Female 1500 M Run
8:30a Female 100 M Dash	12:30p Male 100 M Dash
Female 100 M Wheelchair	Pentathlon – 100 M Dash
Female 800 M Run	Male 100 M Wheelchair
Male & Female 50 M Assisted Walk	Male 800 M Run
Female 50 M Dash	Pentathlon – 800 M Run
Female 200 M Dash	Male 50 M Walk
Female 200 M Wheelchair	Male 50 M Dash
8:45a Pentathlon – Running Long Jump	Male 200 M Dash
	Male 200 M Wheelchair
9:00a Male 8 – 15 Softball Throw	Male 400 M Dash
Male 8 – 15 Tennis Ball Throw	Male & Coed 4 X 100 M Relay
Male 8 – 15 Shot Put	Male & Coed 4 X 100 M Unified Relay
Male 8 – 15 Mini Jav	Male & Coed 4 X 400 M Relay
Male 16+ Standing Long Jump	1:00p Female 8 – 15 Softball Throw
Male 16+ Running Long Jump	Female 8 – 15 Tennis Ball Throw
	Male & Female Tennis Ball Throw MATP
10:15a Male & Female 10 M Assisted Walk	Female 8 – 15 Shot Put
Male & Female 10 M MATP Race	Female 8 – 15 Mini Jav
Male & Female 25 M Assisted Walk	Female 16+ Standing Long Jump
Male & Female 25 M MATP Race	Female 16+ Running Long Jump
Male & Female 10 M Wheelchair	Pentathlon – Female Running Long Jump
Male & Female 25 M Wheelchair	
Male 16+ Softball Throw	1:30p Female High Jump
Male 16+ Tennis Ball Throw	
Male 16 – 29 Shot Put	2:00p Female 16+ Softball Throw
Male 16+ Mini Jav	Female 16+ Tennis Ball Throw
Male 8 – 15 Standing Long Jump	Female 16+ Shot Put
Male 8 – 15 Running Long Jump	Female 16+ Mini Jav
	Female 8 – 15 Standing Long Jump
10:30a Male High Jump	Female 8 – 15 Running Long Jump
Pentathlon – High Jump	

STATE SUMMER GAMES

May 16-18, 2024

University of South Dakota, Vermillion

PARTICIPATION REQUIREMENTS:

- Complete mandated training hours
- Participation in Area Spring Games

LODGING: Campus housing is available to registered Athletes, Coaches, and Chaperones at a cost of \$20 per guest. State Summer Games is exempt from LEAP reimbursement. The cost of staying in a hotel is assumed by the delegation.

MEALS: The following meals will be provided to **registered** coaches, chaperones,, and athletes:
Friday – breakfast, lunch and dinner / Saturday – breakfast, lunch

EVENTS OFFERED AT STATE:

1. VOLLEYBALL:

1. Traditional Team (p.m.)
2. Unified Team (p.m.)
3. Skills (a.m.)

2. SWIMMING:

1. 50 M Freestyle
2. 100 M Freestyle
3. 50 M Backstroke
4. 100 M Backstroke
5. 100 M Individual Medley
6. 50 M Butterfly
7. 50 M Breaststroke
8. 4 X 25 M Unified Relay
9. 4 X 50 M Relay
10. 4 X 25 M Relay

The following events provide meaningful competition for athletes with lower ability levels:

11. 15 M Assisted Swim
12. 15 M Walk
13. 15 M Flotation
14. 15 M Freestyle
15. 15 M MATP
16. 25 M Flotation
17. 25 M Assisted Swim
18. 25 M Freestyle
19. 25 M Backstroke
20. 25 M Butterfly
21. 25 M Breaststroke
22. 25 M MATP

3. SOCCER:

1. Individual Skills Contest
2. 5 A-side Team Soccer
3. Unified Team Soccer

4. POWERLIFTING:

1. Bench Press
2. Deadlift
3. Squat
4. Double Combination (Bench Press & Deadlift)
5. Triple Combination (Bench Press, Deadlift, Squat)
6. Unified Power Lifting

5. RACE WALKING: *This will not be offered at Summer Games due to low participation*

6. ATHLETICS (Track & Field):

1. 100 M Dash
2. 200 M Dash
3. 400 M Dash
4. 800 M Run
5. 1500 M Run
6. 3000 M Run
7. 4 X 100 M Relay
8. 4 X 100 M Unified Relay
9. 4 X 400 M Relay
10. Running Long Jump
11. High Jump
12. Shot Put
13. Mini Jav
14. Pentathlon (100M, 800M, RLJ, High Jump and Shot Put)

The following events provide meaningful competition for athletes with lower ability levels:

15. 50 M Dash
16. 50 M Walk
17. 10 M Assisted Walk
18. 10 M MATP Race
19. 25 M Assisted Walk
20. 25 M MATP Race
21. 50 M Assisted Walk
22. Softball Throw
23. Tennis Ball Throw
24. Tennis Ball Throw MATP
25. Standing Long Jump

Wheelchair Events (Motorized and Non-Motorized)

25. 100 M Wheelchair Race
26. 200 M Wheelchair Race

The following events provide meaningful competition for wheelchair athletes with lower ability levels (Motorized and Non-Motorized):

27. 10 M Wheelchair Race
28. 25 M Wheelchair Race
29. 30 M Wheelchair Slalom
30. 4 X 25 M Wheelchair Relay

DISQUALIFICATION RULE:

- Any scores turned in that appear to be padded (sandbagging) in order to give an athlete an advantage in their particular division will be grounds for disqualification.
- Softball Throw - We would encourage athletes who can throw the softball more than 24.39m (80ft.) to advance to the Shot Put. This is not a requirement.
- All athletes participating in the State Games must participate in their Area Spring Games.

LIMITS ON SPORTS AND EVENTS:

1. On Friday, certain sports are held simultaneously. Athletes cannot enter events that over-lap.
NOTE: Powerlifting, Swimming and Team Soccer are all day events. In other words, if entered in Powerlifting you will be unable to participate in any other event on Friday

<u>Friday Morning</u> Soccer Skills *Volleyball Skills	<u>Friday Afternoon</u> *Team Volleyball	<u>Friday All Day</u> Swimming Powerlifting Soccer
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2. Athletes competing in Athletics are limited to 3 individual events and one relay, i.e. One field event, two running/wheelchair and a relay or two field events, one running/wheelchair event, and a relay.
3. Athletes competing in Swimming are limited to 3 individual events and one relay.
4. Athletes entered in MATP events are not eligible to participate in any other individual or relay event. Entering an MATP swim event does not mean you have to enter MATP track & field events and vice versa.
5. *Volleyball Athletes will be required to compete in Volleyball Skills in the morning and Team Volleyball in the afternoon.

DIVISIONS:

- Athletes are divided into competition divisions based upon their age, sex and ability.
- Athletes will compete against members of their own sex unless participating in a coed event or if numbers warrant combining equally skilled divisions.
- The number of divisions established will depend on the number of athletes entered and their ability levels.
- Divisions will typically consist of no less than 3 and never more than 8 athletes.
- Athletes entered in events without times/distances/scores recorded on their registration form will automatically be put in the top division for their age group.
- Age Groups: (Age is determined as on the first day of the games)

Individual Events:	1. 8-11 2. 12-15 3. 16-21	4. 22-29 5. 30+	Relays & Team Sports:	1. 15 and Under 2. 16-21 3. 22+	Divisions may be combined or subdivided based on the number of registered athletes.
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- Juniors (15 and under) may compete on a senior team, but seniors may not compete on a junior team.
- Coed relays automatically compete with the male relays.

AWARDS

- Medals will be awarded for 1st, 2nd, and 3rd places; 4th through 8th places will receive ribbons in all divisions for all events.

TRAINING REQUIREMENTS:

The training requirement for all summer games competitions must include a minimum of 15 hours over a minimum of 8 weeks. The number of hours required can be divided among sports.

For example: 3 sports - 5 hours per sport / 2 sports - 7.5 hours per sport / 1 sport - 15 hours
Training requirements must be strictly enforced. Training materials are available; contact the state office.

CORRESPONDENCE:

You will be receiving your registration confirmation and tournament/competition updates via your e-mail. PLEASE CHECK YOUR E-MAIL OFTEN.

VOLLEYBALL COMPETITION:

See “Special Olympics South Dakota Volleyball Handbook Version 1.3 Nov 2022”

SWIMMING COMPETITION:

See “Special Olympics South Dakota Swimming Handbook Version 1.3 Feb 2023”

SOCCER COMPETITION:

See “Special Olympics South Dakota Soccer Handbook Version 1.3 Nov 2022”

POWERLIFTING COMPETITION:

See “Special Olympics South Dakota Powerlifting Handbook Version 1.3 May 2022”

TRACK & FIELD (Athletics) COMPETITION:

See “Special Olympics South Dakota Track & Field Handbook Version 1.3 August 2022”

If attending Area Spring Games ONLY

2024 REGISTRATION INSTRUCTIONS

(Track & Field and Swimming)

1. **Area Spring Games Form 1: Delegation Summary Form**
2. **Summer Games/Area Form 2: Individual Athlete Event Registration**
 - a. One per Athlete
 - b. ***Please print clearly with red ink or hi-lite. This helps ensure we do not miss an event.***
 - c. Submit one per athlete (both sides completed)
 - d. All distances must be recorded in meters and centimeters.
3. **Summer Games/Area Form 5: Swim Relay Registration Section**

Complete a registration form for each swim relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
4. **Summer Games/Area Form 6: Athletics Relay Registration**

Complete a registration form for each athletics relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
5. **Form L: Volunteer Roster for Spring & Summer Games**

Please list all chaperones and coaches who will accompany your group. Each person on this list must have the appropriate applications on file with the State Office.

These forms must be included if not already on file at the State Office. Forms can be found at www.sosd.org under the "Competition" Tab

6. **Form A: Athlete Registration**

For new athletes and those who have expired forms.
7. **Form B: Athlete Release**

For new athletes and those who have expired forms.
8. **Form C: Community Reinvestment Act (CRA)**

For new athletes and those who have expired forms.
9. **FORM N: Communicable Disease waiver**

For new athletes and those who have expired forms.
10. **FORM Y: Athlete Medical Form**

For new athletes and those who have expired forms. The completed form to be brought to the athlete's physical exam.
11. **FORM Z: Medical Physical Information**

For new athletes and those who have expired forms. The Doctor will document the physical exam on this form.
12. **Form D: Class A Volunteer & Unified Partner Registration**

One per coach/chaperone must be on file with the State Office.

YOU WILL RECEIVE REGISTRATION CONFIRMATION AND TOURNAMENT/COMPETITION UPDATES VIA EMAIL. PLEASE CHECK OFTEN.

See individual forms for mailing instructions

2024 AREA SPRING GAMES DELEGATION SUMMARY FORM

(Track & Field and Swimming)

Check the Area Event in which you will be participating

<input type="checkbox"/> Southeast Area Send all forms to: SOSD 800 E. I-90 Lane Sioux Falls, SD 57104	<input type="checkbox"/> Northeast Area Send all forms to: SOSD 800 E. I-90 Lane Sioux Falls, SD 57104	<input type="checkbox"/> Black Hills Area Send all forms to Area Director: Cathy Grubb 821 Stanley St. Belle Fourche, SD 57717	<input type="checkbox"/> Mission Games Send all forms to: Cathy Grubb 821 Stanley St. Belle Fourche, SD 57717
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Name of Delegation: _____

Head of Delegation (Level 2 Certified): _____

Address: _____

Home Phone: _____ Work Phone: _____

E-Mail: _____

Cell Phone During Games: _____

DELEGATION TOTALS:

Coaches/Chaperones: _____

Athletes: _____

Unified Partners: _____

Delegation Total: _____

If attending Area Spring Games & State Summer Games

2024 REGISTRATION INSTRUCTIONS

1. **Area Spring Games Form 1: Delegation Summary Form**
 2. **Summer Games Form 1: State Delegation Summary Form**
 3. **Summer Games/Area Form 2: Individual Athlete Event Registration**
 - a. One per Athlete (both sides completed)
 - b. Please print clearly with red ink or hi-lite. This helps insure we do not miss an event.
 - c. **All distances must be recorded in meters and centimeters.**
 4. **Summer Games Form 3: Team Volleyball Registration**

Complete a registration form for each volleyball team that you enter. Please assign a 2-digit number for each team beginning with 01. Also, make sure that each athlete participating on the team has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
 5. **Summer Games Form 4: Team Soccer Registration**

Complete a registration form for each soccer team that you enter. Please assign a 2-digit number for each team beginning with 01. Also, make sure that each athlete participating on the team has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
 6. **Summer Games/Area Form 5: Swim Relay Registration**

Complete a registration form for each aquatics relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
 7. **Summer Games/Area Form 6: Athletics Relay Registration**

Complete a registration form for each athletics relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
 8. **Summer Games Form 7: State Summer Games Housing Registration**

If you are staying in the dorms, this form is required when Summer Games are held in Spearfish. When in Vermillion, you will be emailed your dorm housing registration form based on the information you provide us in Summer Games Form 1.
 9. **Form L: Volunteer Roster**

This form should have been included in your Area Registration. Update as needed. Please list all chaperones, coaches and Unified Partners who will accompany your group. Each person on this list must have the appropriate applications on file with the State Office.
 10. **Form M: Certificate of Training / Acknowledgment of Policies**

A number of minimum training hours have been established for each sport. Please be sure your athletes have met the minimum training requirements.
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These forms must be included if not already on file at the State Office. Forms can be found at www.sosd.org under the "Competition" Tab

11. **Form A: Athlete Registration**

For new athletes and those who have expired forms.
12. **Form B: Athlete Release**

For new athletes and those who have expired forms.
13. **Form C: Community Reinvestment Act (CRA)**

For new athletes and those who have expired forms.

14. **FORM N: Communicable Disease waiver**
For new athletes and those who have expired forms.
15. **FORM Y: Athlete Medical Form**
For new athletes and those who have expired forms. The completed form to be brought to the athlete's physical exam.
16. **FORM Z: Medical Physical Information**
For new athletes and those who have expired forms. The Doctor will document the physical exam on this form.
17. **Form D: Class A Volunteer & Unified Partner Registration**
One per coach/chaperone must be on file with the State Office.

RETURN REGISTRATION FORMS TO:
Special Olympics South Dakota 800 E. I-90 Lane Sioux Falls, SD 57104
Or Email to your event contact at the State Office
To contact the State Office: (605)331-4117

**YOU WILL RECEIVE REGISTRATION CONFIRMATION AND TOURNAMENT/COMPETITION
UPDATES VIA EMAIL. PLEASE CHECK OFTEN.**

2024 STATE SUMMER GAMES DELEGATION SUMMARY FORM

Name of Delegation: _____

Head of Delegation (Level 2 Certified): _____

Address: _____

Home Phone: _____ E-Mail: _____

Cell # During The Games: _____

Delegation Totals: # of Coaches & Chaperones _____

of Athletes: _____

This # cannot exceed T-shirt #'s Delegation Total: _____

HOUSING

We will be staying in the residence halls

It is understood the numbers provided below are estimates. You will be E-mailed USD room assignment forms closer to Summer Games. These forms will require you to identify and assign all guests to specific rooms.

of Male Athletes, Coaches & Chaperones _____

of Female Athletes, Coaches & Chaperones _____

Delegation Totals: _____ You will pay \$20 per guest for campus housing

T-SHIRT NUMBERS

Registered Athletes

Youth S	Youth M	Youth L	Small	Medium	Large	XL	2XL	3XL	4XL

Registered Coaches/Chaperones

Small	Medium	Large	XL	2XL	3XL	4XL

T-shirt #'s CANNOT exceed Delegation Totals

MEALS

Our delegation will be attending the following meals:

(please put approximate numbers attending each meal if different from your whole delegation)

_____ Friday Breakfast _____ Friday Lunch _____ Friday Supper

_____ Saturday Breakfast _____ Saturday Lunch

Attending Opening Ceremony on Thursday evening: Yes No

Delegation Registration Time: Date: _____ Time: _____

Certificate of Training / Acknowledgment of Policies (Form M): Enclosed

Volunteer Roster (Form L): Enclosed

I'm registering for:

- Area Only
 Area & State

2024 Event Registration for State Summer Games, Area Athletics and Area Swimming

Name: _____ Athlete Unified Partner
First MI Last

Athletes Sex Male Female Age DOB: Month Day Year

Name of Delegation: _____

Head of Delegation: _____

These events are offered at both Area & State Summer Games. Use this form to register for both. Hi-lite events entered.

Athletes are limited to 1 field, 2 running /wheelchair and 1 relay OR 2 field, 1 running /wheelchair and 1 relay

Track Events

	Min	Sec
100 M Dash		
200 M Dash		
400 M Dash		
800 M Run		
1500 M Run		
3000 M Run		
Team # <input type="text"/> 4X100 M Relay		
Team # <input type="text"/> 4X100 M Unified Relay		
Team # <input type="text"/> 4X400 M Relay		
50 M Dash		
50 M Walk		
10 M Assisted Walk		
25 M Assisted Walk		
50 M Assisted Walk		

Wheelchair Events Motorized Non-Motor

	Min	Sec
100 M Wh Ch		
200 M Wh Ch		
10 M Wh Ch		
25 M Wh Ch		
30 M Slalom Wh Ch		
Team # <input type="text"/> 4X25 Wh Ch Relay		

MATP Events*

	Min	Sec
Tennis Ball Throw		
10 M Race		
25 M Race		

*See Track & Field Handbook for explanation of MATP

*Athletes can enter only 1 of the following: Shot put, Tennis Ball Throw, Softball Throw or Mini Jav
Athletes can enter only 1 of the following: Standing Long Jump, Running Long Jump or High Jump*

Field Events

Metric measures ONLY

	m	cm
Running Long Jump		
High Jump		
Shot Put		
Softball Throw		
Tennis Ball Throw		
Standing Long Jump		
Mini Jav		

Must Jump a 1M minimum

Pentathlon

	Min	Sec
100 Meters		
800 Meters		

	m	cm
Running Long Jump		
High Jump		
Shot Put		

Athletes are limited to 3 open events and 1 relay

Swimming Events

	Min	Sec	Assist
100 M Freestyle			
100 M Backstroke			
100 M Medley			
50 M Freestyle			
50 M Backstroke			
50 M Butterfly			
50 M Breaststroke			
Team # <input type="text"/> 4X25 M Relay			
Team # <input type="text"/> 4X50 M Relay			
Team # <input type="text"/> 4X25 M Unified			

	Min	Sec	Assist
25 M Freestyle			
25 M Backstroke			
25 M Butterfly			
25 M Breaststroke			
25 M Floation			
25 M Assisted Swim			
15 M Assisted Swim			
15 M Walk			
15 M Floation Race			
15 M Freestyle			

Assistance: If an athlete needs assistance, please use this key in the "Assist" column: 1=Assistance in pool 2=Touch start 3=Visual start 4=Assistance in staging 5=Assistance on deck 6=Needs outside lane

MATP Events*

	Min	Sec
15 M		
25 M		

*See Swimming Handbook for explanation of MATP

Athlete Name: _____
First MI Last

The following events are offered at the State Summer Games only

Soccer Skills Individual Soccer Skills Total Points

Team Soccer 5-Aside Soccer Team ID

Unified Soccer 5-Aside Unified Soccer Team ID

Volleyball Skills Individual Volleyball Skills Total Points

Team Volleyball Team Volleyball Team ID

Unified Volleyball Unified Volleyball Team ID

Powerlifting

Athletes must be at least 16 years of age

Unified Powerlifting Team ID

Bench Press (Weight Successfully Lifted) Athlete's Body Weight

Dead Lift (Weight Successfully Lifted)

Squat (Weight Successfully Lifted)

Double Combination (bench press & dead lift) Total Lifted

Triple Combination (bench press, dead lift & squat) Total Lifted

Summer Games	<u>Friday Morning</u>	<u>Friday Afternoon</u>	<u>Friday All Day</u>	<u>Saturday All Day</u>
Schedule of Events:	Volleyball Skills Soccer Skills	Team Volleyball	Powerlifting Swimming Team Soccer	Track & Field

Event Restrictions:

- If you enter Powerlifting, Swimming, or Team Soccer you cannot enter any other event on Friday.
- You are limited to the following Swimming events: 3 open events and 1 relay.
- You are limited to the following Athletic events: 1 field, 2 running/wheelchair and 1 relay OR 2 field, 1 running/wheelchair and 1 relay.
- If competing in the Pentathlon, athletes may also enter 1 relay event.
- Athletes can enter only 1 of the following: shot put, tennis ball throw, softball throw or mini jav.
- Athletes can enter only 1 of the following: standing long jump, running long jump or high jump.
- Athletes must jump a minimum of 1 meter to compete in the running long jump.
- Opening height in the high jump will be 1 meter. This height must be successfully jumped in the Area event in order to qualify for this event at State.
- If an athlete throws the tennis ball over 15.24m (50 ft.), it is recommended they compete in the softball throw instead. If they throw the softball over 24.39m (80 ft.), it is recommended they compete in the shot put instead. However, an athlete will not be disqualified if they exceed these established distances.
- ***DISTANCES MUST BE RECORDED IN METERS AND CENTIMETERS***

2024 TEAM VOLLEYBALL REGISTRATION & ROSTER

Please copy and submit one per team

Name of Delegation: _____

Team Name or Number: _____
(Limit of 10 characters)

Traditional Team **Unified Team**

	<u>ATHLETE NAME:</u>	Uniform #	X Unified Partner	M/F:	AGE:
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____

Level 2 Certified Head Coach: _____

Coaches 1. _____ 2. _____



2024 TEAM SOCCER REGISTRATION & ROSTER

Please copy and submit one per team

Name of Delegation: _____

Team Name or Number: _____

(Limit of 10 characters)

Traditional Team Junior 8-15: _____ Schooler 16-21: _____ Senior 22 +: _____

Unified Team Junior 8-15: _____ Schooler 16-21: _____ Senior 22 +: _____

ATHLETE NAME:

Uniform #

X Unified Partner

M/F:

AGE:

1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____

Level 2 Certified Head Coach: _____

Coaches 1. _____ 2. _____



2024 SWIM RELAY REGISTRATION (FOR AREA AND STATE)

Please copy and submit one per relay

Name of Delegation: _____

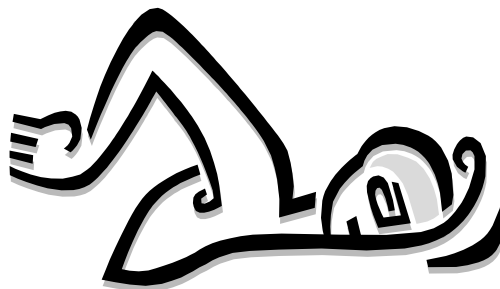
TEAM #:

- | | |
|---|---|
| <input type="checkbox"/> Junior Team | <input type="checkbox"/> Senior Team |
| <input type="checkbox"/> 4 X 25 M Relay | <input type="checkbox"/> 4 X 50 M Relay |
| <input type="checkbox"/> 4 X 25 M Unified Relay | |
| <input type="checkbox"/> Coed/ Male | <input type="checkbox"/> Female |

TEAM TIME: MIN. _____ SEC. _____

	ATHLETE NAME:	M/F:	AGE:
First Leg:	_____	_____	_____
Second Leg:	_____	_____	_____
Third Leg:	_____	_____	_____
Fourth Leg:	_____	_____	_____
Alternate:	_____	_____	_____

- Unless there are extenuating circumstances, your relay teams should be the same for both the Area and the State Meets.



2024 ATHLETICS RELAY REGISTRATION (FOR AREA AND STATE)

Please copy and submit one per relay

Name of Delegation: _____

TEAM #:

Junior Team

Senior Team

4 X 100 M Relay

4 X 100 M Unified Relay

4 X 400 M Relay

4 X 25 M Wh Chair Relay

Coed/ Male

Female

TEAM TIME: MIN. _____ SEC. _____

ATHLETE NAME:

M/F:

AGE:

First Leg: _____

Second Leg: _____

Third Leg: _____

Fourth Leg: _____

Alternate: _____

- Unless there are extenuating circumstances, your relay teams should be the same for both the Area and the State Meets.



Volunteer Roster

School/Agency: _____

Event: State Summer Games

This form is required for all Local, Area, and State Games. All Special Olympics volunteer applicants (Class A) who have regular, close physical contact with athletes; are in a position of authority or supervision of athletes; are in a position of trust of athletes; and/or handle substantial amounts of cash or other assets of athletes, are subject to mandatory background / motor vehicle checks initiated and paid for by SOSD. **Form E (Class A Volunteer Application) must be on file at the State Office.** Examples of Class A volunteers includes, but are not limited to Coaches, Chaperones, and adult Unified Partners.

All volunteers appearing on this roster must be at least 16 years of age and cleared by SOSD before attending an event.

- DO NOT LIST UNIFIED PARTNERS ON THIS FORM
- ONLY LIST EACH PERSON ONCE

HOD: This describes a person over seeing an entire delegation and has completed Level 1 and 2 Coaches Training Courses (**One person per delegation**).

Head Coach: This describes a person who trains athletes, leads teams and has completed Level 1 and 2 Coaches Training Courses. (**Unified Head Coaches must complete these plus Coaching Unified Sports**).

Coach: This describes a person who trains athletes, leads teams and has completed Level 1 Coaches Training Course. (**Unified Coaches must complete these plus Coaching Unified Sports**).

Chaperone: This describes someone who supervises athletes. A Chaperone CANNOT coach athletes.

The maximum Coach/Chaperone: Athlete ratio is 1:1
The minimum Coach/Chaperone: Athlete ratio is 1:4

CUSC: Put an X in the box if Coaching Unified Sports Certified

Area / State: Put an X in the box indicating which event(s) each volunteer will be attending

HOD (Level 2 certified)		CUSC	Area	State	Chaperone (Include Minors)		Area	State
1.					1.			
Head Coach (Level 2 certified)		CUSC	Area	State	2.			
1.					3.			
2.					4.			
3.					5.			
4.					6.			
5.					7.			
6.					8.			
7.					9.			
8.					10.			
9.					11.			
10.					12.			
11.					13.			
12.					14.			
Coach (Level 1 certified)		CUSC	Area	State	15.			
1.					16.			
2.					17.			
3.					18.			
4.					19.			
5.					20.			
6.					21.			
7.					22.			
8.					23.			
9.					24.			
10.					25.			
11.					26.			
12.					27.			
13.					28.			

When State Summer Games are held in Vermillion, Summer Games Form 7 is not required. You will be provided a room assignment form after we receive your intent to utilize campus housing.

Certificate of Training / Acknowledgment of Policies

Certificate of Training

One copy of this form is required for each State Event in which you are registering, i.e. one for Basketball, one for the Fall Classic, one for Summer Games.

Date of Event: _____

Sport: State Summer Games

I confirm that the athletes from: _____

- Have fulfilled the minimum hours of training for the above sport
- Began training at least 8 (eight) weeks prior to this competition
- Have met all requirements of Special Olympics South Dakota

Minimum Training Requirements

Bowling	Bowl a minimum of five (5) 3-game series or a total of 15 games over a minimum of 8 weeks.
Basketball	A minimum of 15 hours over a minimum of 8 weeks.
Summer Games	A minimum of 15 hours over a minimum of 8 weeks. The number of hours required would be divided among the number of sports in which you are participating; for example: 3 sports - 5 hours per sport / 2 sports - 7.5 hours per sport / 1 sport - 15 hours
Equestrian	A minimum of 15 hours over a minimum of 8 weeks.
Fall Classic	A minimum of 15 hours over a minimum of 8 weeks. The number of hours required would be divided among the number of sports in which you are participating; for example: 2 sports - 7.5 hours per sport / 1 sport - 15 hours

Sports Specific Handbooks

By signing below, I acknowledge I have read and understand the rules of the sport(s) being contested.

Acknowledgment of Policies

By signing below, I acknowledge I have read, understand, and am abiding by the following policies set forth by Special Olympics South Dakota:

These policies can be found in Section A of the Competition Guide:

- 15 Passenger Van Use Policy
- Sub Program Request for Merchandise Procedures
- Volunteer Screening Policy
- Athlete Housing Policy
- Insurance Information
- Social Media Policy
- Service Animal Policy
- Concussion Awareness and Safety Recognition Policy
- Coaches Education
- Delegation Financial Accounts & Assets
- Interpreter Policy

Head of Delegation Signature

Date