I'm registering for:Area Only
$\square$ Area \& State
Name: $\qquad$
First
MI
Athletes SexMale $\square$ Female

## 2023 Event Registration for State Summer Games, Area Spring Games and Area Aquatics

$\qquad$ Last

Athletes Sex $\quad \square$ Male $\square$ Female

Name of Delegation:
DOB: Month
Day
YearAthleteUnified Partner

Head of Delegation: $\qquad$
These events are offered at both Area \& State Summer Games. Use this form to register for both. Hi-lite events entered.
Athletes are limited to 1 field, 2 running /wheelchair and 1 relay OR 2 field, 1 running /wheelchair and1 relay

| Track Events | Min | Sec | Wheelchair Events $\square$ Motorized | $\square$ Non-Motor |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 100 M Dash |  |  |  | Min |  |
| 400 M Dash |  |  | 100 M Wh Ch |  |  |
| 800 M Run |  |  | 200 M Wh Ch |  |  |
| 1500 M Run |  |  | 10 M Wh Ch |  |  |
| 3000 M Run |  |  | 25 M Wh Ch |  |  |
| Team \# $\square 4 \times 100$ M Relay |  |  | 30 M Slalom Wh Ch |  |  |
| Team \# $\square$ 4X100 M Unified Relay |  |  | Team \# $\square$ 4X25 Wh Ch Relay |  |  |
| Team \# $\square 4 \times 400$ M Relay |  |  |  |  |  |
| 50 M Dash |  |  | MATP Events* | Min | Sec |
| 50 M Walk |  |  | Tennis Ball Throw |  |  |
| 10 M Assisted Walk |  |  | 10 M Race |  |  |
| 25 M Assisted Walk |  |  | 25 M Race |  |  |
| 50 M Assisted Walk |  |  | *See Track \& Field Handbook for expl | tion | TP |

Athletes can enter only 1 of the following: Shot put, Tennis Ball Throw, Softball Throw or Mini Jav
Athletes can enter only 1 of the following: Standing Long Jump, Running Long Jump or High Jump
Field Events Metric measures ONLY Pentathlon

|  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | m | cm |  |  | Min | Sec |
| Running Long Jump |  |  | Must Jump a 1M minimum | 100 Meters |  |  |
| High Jump |  |  |  | 800 Meters |  |  |
| Shot Put |  |  |  |  |  |  |
| Softball Throw |  |  |  |  | m | cm |
| Tennis Ball Throw |  |  |  | Running Long Jump |  |  |
| Standing Long Jump |  |  |  | High Jump |  |  |
| Mini Jav |  |  |  | Shot Put |  |  |

## Athletes are limited to 3 open events and 1 relay

## Swimming Events

100 M Freestyle
100 M Backstroke
100 M Medley
50 M Freestyle
50 M Backstroke
50 M Butterfly
50 M Breaststroke
Team \#
 4X25 M Relay
Team \# 4X50 M Relay
Team \# $\qquad$

| Min | Sec | Assist |
| :---: | :--- | :--- |
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Assistance: If an athlete needs assistance, please use this key in the "Assist" column: 1=Assistance in pool 2=Touch start 3=Visual start 4=Assistance in staging 5=Assistance on deck 6=Needs outside lane

## MATP Events*

*See Swimming Handbook for explanation of MATP

| Min | Sec | Assist |
| :---: | :--- | :--- |
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|  | Min | Sec |
| :--- | :--- | :--- |
|  | 15 M |  |
|  |  |  |
|  |  |  |
|  |  |  |

$\qquad$
The following events are offered at the State Summer Games only

| Soccer Skills |  |
| ---: | :--- |
| Team Soccer |  |
|  | $\square$ Individual Soccer Skills Total Points |
| Unified Soccer |  |
| 5-Aside Soccer Team ID |  |
| Volleyball Skills |  |
|  | $\square$ 5-Aside Unified Soccer Team ID |
| Team Volleyball $\square$ Individual Volleyball Skills Total Points |  |
| Team Volleyball Team ID |  |
| Unified Volleyball $\square$ Unified Volleyball Team ID |  |



## Event Restrictions:

- If you enter Powerlifting, Swimming, or Team Soccer you cannot enter any other event on Friday.
- You are limited to the following Swimming events: 3 open events and 1 relay.
- You are limited to the following Athletic events: 1 field, 2 running/wheelchair and 1 relay OR 2 field, 1 running/wheelchair and 1 relay.
- If competing in the Pentathlon, athletes may also enter 1 relay event.
- Athletes can enter only 1 of the following: shot put, tennis ball throw, softball throw or mini jav.
- Athletes can enter only 1 of the following: standing long jump, running long jump or high jump.
- Athletes must jump a minimum of 1 meter to compete in the running long jump.
- Opening height in the high jump will be 1 meter. This height must be successfully jumped in the Area event in order to qualify for this event at State.
- If an athlete throws the tennis ball over $15.24 \mathrm{~m}(50 \mathrm{ft}$.), it is recommended they compete in the softball throw instead. If they throw the softball over 24.39 m ( 80 ft .), it is recommended they compete in the shot put instead. However, an athlete will not be disqualified if they exceed these established distances.
- DISTANCES MUST BE RECORDED IN METERS AND CENTIMETERS

