

# 2024

## Area Spring Games

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## State Summer Games



# AREA SPRING GAMES & SWIM COMPETITION

	Swimming	Athletics
Northeast Area	<p>April 26, 2024            Location: Prairie Lakes Wellness Center, Watertown            Time: 12:00 pm-4:00 pm            Registration Deadline: April 8, 2024            Send registration to State Office</p>	<p>May 3, 2024            Location: High School Track, Milbank            Time: 8:00 am-3:30 pm            Registration Deadline: April 8, 2024  <b>Send registration to State Office</b></p>
Southeast Area	<p>May 3, 2024            Location: Midco Aquatics Center, Sioux Falls            Time: 1:00 pm-5:00 pm            Registration Deadline: April 8, 2024  <b>Send registration to State Office</b></p>	<p>April 27, 2024            Location: Brandon High School, Brandon            Time: 8:00 am-3:30 pm            Registration Deadline: April 8, 2024  <b>Send registration to State Office</b></p>
Black Hills Area	<p>April 27, 2024            Location: Young Center, Spearfish            Time: 12:30 pm-4:00 pm <i>NEW TIME</i>            Registration Deadline: April 8, 2024  <b>Send registration to Black Hills Area Director Cathy Grubb</b></p>	<p>April 26, 2024            Location: Sioux Park, Rapid City            Time: 8:30 am-4:00 pm            Registration Deadline: April 8, 2024  <b>Send registration to Black Hills Area Director Cathy Grubb</b></p>
Mission		<p>April 24, 2024            Location: High School Track, Mission            Time: 1:00 pm-3:30 pm            Registration Deadline: April 8, 2024  <b>Send registration to Black Hills Area Director Cathy Grubb</b></p>
<b>Area Specific Information</b>  <b>LODGING:</b> Should not be necessary but this is not provided. <b>MEALS:</b> Lunch is typically provided at Area track meets. <b>AWARDS:</b> Ribbons will be awarded for all places in all events. <b>EVENTS:</b> <ul style="list-style-type: none"> <li>All events within the sports offered at Area Athletics &amp; Swimming are the same offered at State. All rules are the same for Area and State.</li> <li>The following sports are offered only at State: Team Soccer, Soccer Skills, Powerlifting, Volleyball, and Volleyball Skills.</li> <li>Area participation is required to be eligible for participation at state.</li> </ul>		
<b>State Summer Games</b> Date: May 16-18, 2024 Location: University of South Dakota, Vermillion Registration Deadlines: April 8, 2024 Registration Fee: \$20.00 per guest staying in the campus dorms		

# **2024 Southeast Area Spring Games**

## **Tentative Schedule of Events**

Location: Brandon High School, Brandon

Schedule: 8 - 8:30 am Delegation Registration  
 8:30 am Line up for Opening Ceremony  
 8:45 am Opening Ceremony

9:00 am	Male & Female 3000 M Run  Female 100 M Dash Female 100 M Wheelchair  Male & Female 50 M Assisted Walk Female 50 M Walk Female 50 M Dash  Female 200M Dash Female 200M Wheelchair  Female 800M Run  Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race  Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race  Female 400 M Dash	12:15 pm	Male & Female 1500 M Run  Male & Female 30 M Wheelchair Slalom  Male & Female 4 X 25 M Wheelchair Relay  Female Softball Throw Female Tennis Ball Throw Male & Female Tennis Ball Throw MATP Female Shot Put Female Mini Jav  Male 400 M Dash Male 100 M Dash Pentathlon-100 M Dash Male 100 M Wheelchair  Male 50 M Walk Male 50 M Dash  Male 200 M Dash Male 200 M Wheelchair  Male 800 M Run Pentathlon-800 M Dash
9:00 am	Male Softball Throw Male Tennis Ball Throw Male Shot Put Pentathlon-Shot Put Male Mini Jav		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
10:00 am	Male Standing Long Jump Male Running Long Jump Pentathlon-Long Jump		
11:00 am	Male High Jump Pentathlon-High Jump Female High Jump	1:30 pm	Female Standing Long Jump Female Running Long Jump
11:45 pm	Lunch		

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of these once registrations are processed.

# **2024 Black Hills Area Spring Games**

## **Tentative Schedule of Events**

Location: Sioux Park, Rapid City

Schedule: 8 - 8:30 am Delegation Registration  
 8:30 am Line up for Opening Ceremony  
 8:45 am Opening Ceremony

9:00 am	Male & Female 3000 M Run	12:15 pm	Male & Female 1500 M Run
	Female 100 M Dash Female 100 M Wheelchair		Male & Female 30 M Wheelchair Slalom
	Male & Female 50 M Assisted Walk Female 50 M Walk Female 50 M Dash		Male & Female 4 X 25 M Wheelchair Relay
	Female 200M Dash Female 200M Wheelchair	12:30 pm	Female Softball Throw Female Tennis Ball Throw Male & Female Tennis Ball Throw MATP Female Shot Put Female Mini Jav
	Female 800M Run	12:45 pm	Male 400 M Dash Male 100 M Dash Pentathlon-100 M Dash Male 100 M Wheelchair
	Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race		Male 50 M Walk Male 50 M Dash
	Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race		Male 200 M Dash Male 200 M Wheelchair
	Female 400 M Dash		Male 800 M Run Pentathlon-800 M Dash
9:00 am	Male Softball Throw Male Tennis Ball Throw Male Shot Put Pentathlon-Shot Put Male Mini Jav		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay
10:00 am	Male Standing Long Jump Male Running Long Jump Pentathlon-Long Jump		Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
		1:30 pm	Female Standing Long Jump Female Running Long Jump
11:00 am	Male High Jump Pentathlon-High Jump Female High Jump		
11:45 pm	Lunch		

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of these once registrations are processed

# **2024 Northeast Area Spring Games**

## **Tentative Schedule of Events**

Location: High School - Milbank

Schedule: 8 - 8:30 am Delegation Registration  
 8:30 am Line up for Opening Ceremony  
 8:45 am Opening Ceremony

9:00 am	Male & Female 3000 M Run	12:15 pm	Male & Female 1500 M Run
	Female 100 M Dash *		Male & Female 30 M Wheelchair Slalom
	Female 100 M Wheelchair		Male & Female 4 X 25 M Wheelchair Relay
	Male & Female 50 M Assisted Walk	12:30 pm	Female Softball Throw
	Female 50 M Walk		Female Tennis Ball Throw
	Female 50 M Dash		Male & Female Tennis Ball Throw MATP
	Female 200M Dash		Female Shot Put
	Female 200M Wheelchair		Female Mini Jav
	Female 800M Run	12:45 pm	Male 400 M Dash
	Male & Female 10 M Assisted Walk		Male 100 M Dash
	Male & Female 10 M Wheelchair		Pentathlon-100 M Dash
	Male & Female 10 M MATP Race		Male 100 M Wheelchair
	Male & Female 25 M Assisted Walk		Male 50 M Walk
	Male & Female 25 M Wheelchair		Male 50 M Dash
	Male & Female 25 M MATP Race		Male 200 M Dash
	Female 400 M Dash		Male 200 M Wheelchair
9:00 am	Male Softball Throw		Male 800 M Run
	Male Tennis Ball Throw		Pentathlon-800 M Dash
	Male Shot Put		Female 4 X 100 M Relay
	Pentathlon-Shot Put		Female 4 X 100 M Unified Relay
	Male Mini Jav		Male & Coed 4 X 100 M Relay
10:00 am	Male Standing Long Jump		Male & Coed 4 X 100 M Unified Relay
	Male Running Long Jump		Female 4 X 400 M Relay
	Pentathlon-Long Jump		Male & Coed 4 X 400 M Relay
		1:30 pm	Female Standing Long Jump
11:00 am	Male High Jump		Female Running Long Jump
	Pentathlon-High Jump		
	Female High Jump		
11:45 pm	Lunch		

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of these once registrations are processed

# **2024 Mission Games**

## ***Tentative Schedule of Events***

Location: High School – Mission

Schedule: 12 - 12:30 pm Delegation Registration  
12:45 pm Opening Ceremony

1:00 pm	Female Softball Throw Male Softball Throw	2:00 pm	Female 50 M Walk Male 50 M Walk Female 50 M Dash Male 50 M Dash Male & Female 50 M Assisted Walk
	Female Tennis Ball Throw Male Tennis Ball Throw Male & Female Tennis Ball Throw MATP	2:30 pm	Female 100 M Wheelchair Male 100 M Wheelchair Female 100 M Dash Male 100 M Dash *
	Female Shot Put Male Shot Put *		
	Female Mini Jav Male Mini Jav		Male 200 M Wheelchair Female 200M Wheelchair Female 200M Dash Male 200 M Dash
1:30 pm	Female Running Long Jump Male Running Long Jump *		
	Female Standing Long Jump Male Standing Long Jump		Female 400 M Dash Male 400 M Dash
	Female High Jump Male High Jump *	3:00 pm	Female 800M Run Male 800 M Run *
2:00 pm	Male & Female 3000 M Run		Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay
	Male & Female 10 M Assisted Walk Male & Female 10 M Wheelchair Male & Female 10 M MATP Race Male & Female 25 M Assisted Walk Male & Female 25 M Wheelchair Male & Female 25 M MATP Race Male & Female 30 M Wheelchair Slalom		Female 4 X 400 M Relay Male & Coed 4 X 400 M Relay
	Male & Female 1500 M Run		Male & Female 4 X 25 M Wheelchair Relay

\* Heats for the Pentathlon will also be run at the indicated times

- This is a rolling schedule, i.e. times are an ESTIMATE. As soon as one event is over the next event will begin even if ahead of schedule.
- We anticipate there could be some of these events in which there are no participants. You will be made aware of this once registrations are processed.

# 2024 Southeast Area Swim Competition

## Tentative Schedule of Events

(subject to change based on registrations)

Location: Midco Aquatics Center, Sioux Falls

Schedule: 12:30 pm Delegation Registration

12:45 pm Opening Ceremony

4' 1:00 pm 25M Freestyle  
25M Flotation  
15M Assisted Swim  
15M Walk  
15M Flotation  
15M Freestyle  
15M MATP  
25M Backstroke  
25M Assisted Swim  
25M Butterfly  
25M Breaststroke  
25M MATP

9' 1:00 pm 100M Freestyle  
50M Freestyle  
100M Backstroke  
50M Backstroke  
100M Individual Medley  
50M Butterfly  
50M Breaststroke  
4 X 25 Meter Unified Relay  
4 X 25 Meter Relay  
4 X 50 Meter Relay

SCHEDULE OF EVENTS



# 2024 Northeast Area Swim Competition

## Tentative Schedule of Events

(subject to change based on registrations)

Location: Prairie Lakes Wellness Center, Watertown

Schedule: 12:15 pm Delegation Registration

12:45 pm Opening Ceremony

1:00 pm 15M Assisted Swim  
15M Walk  
15M Flotation  
15M Freestyle  
15M MATP  
25M Flotation  
25M Assisted Swim  
25M MATP

4 X 25 Meter Unified Relay  
4 X 25 Meter Relay  
4 X 50 Meter Relay

25M Freestyle  
50M Freestyle  
100M Freestyle

25M Backstroke  
50M Backstroke  
100M Backstroke

25M Butterfly  
50M Butterfly  
25M Breaststroke  
50M Breaststroke

100M Individual Medley

SCHEDULE OF EVENTS





# 2024 Black Hills Area Aquatics Competition

## Tentative Schedule of Events

(subject to change based on registrations)

Location: Young Center – Spearfish

Schedule: 12:30 pm Delegation Registration

12:45 pm Opening Ceremony

1:00 pm 15M Assisted Swim  
15M Walk  
15M Flotation  
15M Freestyle  
15M MATP  
25M Flotation  
25M Assisted Swim  
25M MATP

4 X 25 Meter Unified Relay  
4 X 25 Meter Relay  
4 X 50 Meter Relay

25M Freestyle  
50M Freestyle  
100M Freestyle

25M Backstroke  
50M Backstroke  
100M Backstroke

25M Butterfly  
50M Butterfly  
25M Breaststroke  
50M Breaststroke

100M Individual Medley

SCHEDULE OF EVENTS



# 2024 State Summer Games - Campus of USD – Vermillion

## Tentative Schedule of Events

### Thursday, May 16, 2024

3:00p – 6:30p Delegation Registration  
 7:00p Opening Ceremony  
 8:00p – 9:30p Athlete Entertainment

### Friday, May 17, 2024

6:30a – 8:30a Delegation Breakfast 8:00a – 2:00p Delegation Registration 8:00a – 1:30p Volunteer Registration 9:00a – 4:00p Healthy Athletes 9:00a – 4:00p Souvenirs 9:00a – 4:00p Volunteer Hospitality 8:00a Powerlifting Weigh-ins 9:00a Team Soccer Volleyball Skills	9:00a cont. Soccer Skills Powerlifting Swimming 11:00a – 1:00p Delegation Lunch Pick-Up 1:00p Team Volleyball 4:30p – 6:00p Delegation Dinner Shift 1 6:00p – 7:30p Delegation Dinner Shift 2 5:30p Athlete Input Council Meeting 7:30p – 9:00p Dance
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### Saturday, May 18, 2024

6:30a – 8:30a Delegation Breakfast 7:30a – 1:30p Volunteer Registration 8:00a – 9:00a Delegation Registration 9:00a – 2:00p Souvenirs 9:00a – 2:00p Volunteer Hospitality  7:45a Male & Female 3000 M Run 8:00a Pentathlon – Shot Put Male 30+ Shot Put  8:30a Female 100 M Dash Female 100 M Wheelchair Female 800 M Run Male & Female 50 M Assisted Walk Female 50 M Dash Female 200 M Dash Female 200 M Wheelchair  8:45a Pentathlon – Running Long Jump  9:00a Male 8 – 15 Softball Throw Male 8 – 15 Tennis Ball Throw Male 8 – 15 Shot Put Male 8 – 15 Mini Jav Male 16+ Standing Long Jump Male 16+ Running Long Jump  10:15a Male & Female 10 M Assisted Walk Male & Female 10 M MATP Race Male & Female 25 M Assisted Walk Male & Female 25 M MATP Race Male & Female 10 M Wheelchair Male & Female 25 M Wheelchair Male 16+ Softball Throw Male 16+ Tennis Ball Throw Male 16 – 29 Shot Put Male 16+ Mini Jav Male 8 – 15 Standing Long Jump Male 8 – 15 Running Long Jump  10:30a Male High Jump Pentathlon – High Jump	10:45a Female 400 M Dash Female 4 X 100 M Relay Female 4 X 100 M Unified Relay Female 4 X 400 M Relay  11:00a – 1:00p Lunch Available  11:30a Male & Female 30 M Wheelchair Slalom Male & Female 4 X 25 M Wheelchair Relay Male & Female 1500 M Run  12:30p Male 100 M Dash Pentathlon – 100 M Dash Male 100 M Wheelchair Male 800 M Run Pentathlon – 800 M Run Male 50 M Walk Male 50 M Dash Male 200 M Dash Male 200 M Wheelchair Male 400 M Dash Male & Coed 4 X 100 M Relay Male & Coed 4 X 100 M Unified Relay Male & Coed 4 X 400 M Relay  1:00p Female 8 – 15 Softball Throw Female 8 – 15 Tennis Ball Throw Male & Female Tennis Ball Throw MATP Female 8 – 15 Shot Put Female 8 – 15 Mini Jav Female 16+ Standing Long Jump Female 16+ Running Long Jump Pentathlon – Female Running Long Jump  1:30p Female High Jump  2:00p Female 16+ Softball Throw Female 16+ Tennis Ball Throw Female 16+ Shot Put Female 16+ Mini Jav Female 8 – 15 Standing Long Jump Female 8 – 15 Running Long Jump
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# STATE SUMMER GAMES

May 16-18, 2024

University of South Dakota, Vermillion

## PARTICIPATION REQUIREMENTS:

- Complete mandated training hours
- Participation in Area Spring Games

**LODGING:** Campus housing is available to registered Athletes, Coaches, and Chaperones at a cost of \$20 per guest. State Summer Games is exempt from LEAP reimbursement. The cost of staying in a hotel is assumed by the delegation.

**MEALS:** The following meals will be provided to **registered** coaches, chaperones,, and athletes:  
Friday – breakfast, lunch and dinner / Saturday – breakfast, lunch

## EVENTS OFFERED AT STATE:

### 1. VOLLEYBALL:

- |                            |                        |                  |
|----------------------------|------------------------|------------------|
| 1. Traditional Team (p.m.) | 2. Unified Team (p.m.) | 3. Skills (a.m.) |
|----------------------------|------------------------|------------------|

### 2. SWIMMING:

- |                    |                            |                           |                    |
|--------------------|----------------------------|---------------------------|--------------------|
| 1. 50 M Freestyle  | 4. 100 M Backstroke        | 7. 50 M Breaststroke      | 10. 4 X 25 M Relay |
| 2. 100 M Freestyle | 5. 100 M Individual Medley | 8. 4 X 25 M Unified Relay |                    |
| 3. 50 M Backstroke | 6. 50 M Butterfly          | 9. 4 X 50 M Relay         |                    |

The following events provide meaningful competition for athletes with lower ability levels:

- |                        |                        |                       |
|------------------------|------------------------|-----------------------|
| 11. 15 M Assisted Swim | 15. 15 M MATP          | 19. 25 M Backstroke   |
| 12. 15 M Walk          | 16. 25 M Flotation     | 20. 25 M Butterfly    |
| 13. 15 M Flotation     | 17. 25 M Assisted Swim | 21. 25 M Breaststroke |
| 14. 15 M Freestyle     | 18. 25 M Freestyle     | 22. 25 M MATP         |

### 3. SOCCER:

- |                              |                         |                        |
|------------------------------|-------------------------|------------------------|
| 1. Individual Skills Contest | 2. 5 A-side Team Soccer | 3. Unified Team Soccer |
|------------------------------|-------------------------|------------------------|

### 4. POWERLIFTING:

- |                |  |
|----------------|--|
| 1. Bench Press | 4. Double Combination (Bench Press & Deadlift)       |
| 2. Deadlift    | 5. Triple Combination (Bench Press, Deadlift, Squat) |
| 3. Squat       | 6. Unified Power Lifting                             |

### 5. RACE WALKING: *This will not be offered at Summer Games due to low participation*

### 6. ATHLETICS (Track & Field):

- |               |                            |  |
|---------------|----------------------------|--|
| 1. 100 M Dash | 6. 3000 M Run              | 11. High Jump  |
| 2. 200 M Dash | 7. 4 X 100 M Relay         | 12. Shot Put   |
| 3. 400 M Dash | 8. 4 X 100 M Unified Relay | 13. Mini Jav   |
| 4. 800 M Run  | 9. 4 X 400 M Relay         | 14. Pentathlon (100M, 800M, RLJ, High Jump and Shot Put) |
| 5. 1500 M Run | 10. Running Long Jump      |  |

The following events provide meaningful competition for athletes with lower ability levels:

- |                        |                        |                        |                            |
|------------------------|------------------------|------------------------|----------------------------|
| 15. 50 M Dash          | 18. 10 M MATP Race     | 21. 50 M Assisted Walk | 24. Tennis Ball Throw MATP |
| 16. 50 M Walk          | 19. 25 M Assisted Walk | 22. Softball Throw     | 25. Standing Long Jump     |
| 17. 10 M Assisted Walk | 20. 25 M MATP Race     | 23. Tennis Ball Throw  |                            |

Wheelchair Events (Motorized and Non-Motorized)

- |                           |                           |
|---------------------------|---------------------------|
| 25. 100 M Wheelchair Race | 26. 200 M Wheelchair Race |
|---------------------------|---------------------------|

The following events provide meaningful competition for wheelchair athletes with lower ability levels (Motorized and Non-Motorized):

- |                          |                               |
|--------------------------|-------------------------------|
| 27. 10 M Wheelchair Race | 29. 30 M Wheelchair Slalom    |
| 28. 25 M Wheelchair Race | 30. 4 X 25 M Wheelchair Relay |

### DISQUALIFICATION RULE:

- Any scores turned in that appear to be padded (sandbagging) in order to give an athlete an advantage in their particular division will be grounds for disqualification.
- Softball Throw - We would encourage athletes who can throw the softball more than 24.39m (80ft.) to advance to the Shot Put. This is not a requirement.
- All athletes participating in the State Games must participate in their Area Spring Games.

### LIMITS ON SPORTS AND EVENTS:

- On Friday, certain sports are held simultaneously. Athletes cannot enter events that over-lap.  
NOTE: Powerlifting, Swimming and Team Soccer are all day events. In other words, if entered in Powerlifting you will be unable to participate in any other event on Friday

Friday Morning  
Soccer Skills  
\*Volleyball Skills

Friday Afternoon  
\*Team Volleyball

Friday All Day  
Swimming  
Powerlifting  
Soccer

- Athletes competing in Athletics are limited to 3 individual events and one relay, i.e. One field event, two running/wheelchair and a relay or two field events, one running/wheelchair event, and a relay.
- Athletes competing in Swimming are limited to 3 individual events and one relay.
- Athletes entered in MATP events are not eligible to participate in any other individual or relay event. Entering an MATP swim event does not mean you have to enter MATP track & field events and vice versa.
- \*Volleyball Athletes will be required to compete in Volleyball Skills in the morning and Team Volleyball in the afternoon.

### DIVISIONS:

- Athletes are divided into competition divisions based upon their age, sex and ability.
- Athletes will compete against members of their own sex unless participating in a coed event or if numbers warrant combining equally skilled divisions.
- The number of divisions established will depend on the number of athletes entered and their ability levels.
- Divisions will typically consist of no less than 3 and never more than 8 athletes.
- Athletes entered in events without times/distances/scores recorded on their registration form will automatically be put in the top division for their age group.
- Age Groups: (Age is determined as on the first day of the games)

Individual Events:	1. 8-11	4. 22-29	Relays & Team Sports:	1. 15 and Under	Divisions may be combined or subdivided based on the number of registered athletes.
	2. 12-15	5. 30+		2. 16-21	
	3. 16-21			3. 22+	

- Juniors (15 and under) may compete on a senior team, but seniors may not compete on a junior team.
- Coed relays automatically compete with the male relays.

### AWARDS

- Medals will be awarded for 1st, 2nd, and 3rd places; 4th through 8th places will receive ribbons in all divisions for all events.

### TRAINING REQUIREMENTS:

The training requirement for all summer games competitions must include a minimum of 15 hours over a minimum of 8 weeks. The number of hours required can be divided among sports.

For example: 3 sports - 5 hours per sport / 2 sports - 7.5 hours per sport / 1 sport - 15 hours

Training requirements must be strictly enforced. Training materials are available; contact the state office.

### CORRESPONDENCE:

You will be receiving your registration confirmation and tournament/competition updates via your e-mail. PLEASE CHECK YOUR E-MAIL OFTEN.

## **VOLLEYBALL COMPETITION:**

See “Special Olympics South Dakota Volleyball Handbook Version 1.3 Nov 2022”

## **SWIMMING COMPETITION:**

See “Special Olympics South Dakota Swimming Handbook Version 1.3 Feb 2023”

## **SOCCER COMPETITION:**

See “Special Olympics South Dakota Soccer Handbook Version 1.3 Nov 2022”

## **POWERLIFTING COMPETITION:**

See “Special Olympics South Dakota Powerlifting Handbook Version 1.3 May 2022”

## **TRACK & FIELD (Athletics) COMPETITION:**

See “Special Olympics South Dakota Track & Field Handbook Version 1.3 August 2022”

# **If attending Area Spring Games ONLY**

## **2024 REGISTRATION INSTRUCTIONS**

### **(Track & Field and Swimming)**

1. **Area Spring Games Form 1: Delegation Summary Form**
2. **Summer Games/Area Form 2: Individual Athlete Event Registration**
  - a. One per Athlete
  - b. ***Please print clearly with red ink or hi-lite. This helps ensure we do not miss an event.***
  - c. Submit one per athlete (both sides completed)
  - d. All distances must be recorded in meters and centimeters.
3. **Summer Games/Area Form 5: Swim Relay Registration Section**

Complete a registration form for each swim relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
4. **Summer Games/Area Form 6: Athletics Relay Registration**

Complete a registration form for each athletics relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
5. **Form L: Volunteer Roster for Spring & Summer Games**

Please list all chaperones and coaches who will accompany your group. Each person on this list must have the appropriate applications on file with the State Office.

***These forms must be included if not already on file at the State Office. Forms can be found at [www.sosd.org](http://www.sosd.org) under the "Competition" Tab***

6. **Form A: Athlete Registration**

For new athletes and those who have expired forms.
7. **Form B: Athlete Release**

For new athletes and those who have expired forms.
8. **Form C: Community Reinvestment Act (CRA)**

For new athletes and those who have expired forms.
9. **FORM N: Communicable Disease waiver**

For new athletes and those who have expired forms.
10. **FORM Y: Athlete Medical Form**

For new athletes and those who have expired forms. The completed form to be brought to the athlete's physical exam.
11. **FORM Z: Medical Physical Information**

For new athletes and those who have expired forms. The Doctor will document the physical exam on this form.
12. **Form D: Class A Volunteer & Unified Partner Registration**

One per coach/chaperone must be on file with the State Office.

**YOU WILL RECEIVE REGISTRATION CONFIRMATION AND TOURNAMENT/COMPETITION UPDATES VIA EMAIL. PLEASE CHECK OFTEN.**

**See individual forms for mailing instructions**

# 2024 AREA SPRING GAMES DELEGATION SUMMARY FORM

(Track & Field and Swimming)

## Check the Area Event in which you will be participating

<input type="checkbox"/> Southeast Area  Send all forms to:  SOSD 800 E. I-90 Lane Sioux Falls, SD 57104	<input type="checkbox"/> Northeast Area  Send all forms to:  SOSD 800 E. I-90 Lane Sioux Falls, SD 57104	<input type="checkbox"/> Black Hills Area  Send all forms to Area Director:  Cathy Grubb 821 Stanley St. Belle Fourche, SD 57717	<input type="checkbox"/> Mission Games  Send all forms to:  Cathy Grubb 821 Stanley St. Belle Fourche, SD 57717
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Name of Delegation: \_\_\_\_\_

Head of Delegation (Level 2 Certified): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Cell Phone During Games: \_\_\_\_\_

## DELEGATION TOTALS:

Coaches/Chaperones: \_\_\_\_\_

Athletes: \_\_\_\_\_

Unified Partners: \_\_\_\_\_

Delegation Total: \_\_\_\_\_

# If attending Area Spring Games & State Summer Games

## 2024 REGISTRATION INSTRUCTIONS

1. **Area Spring Games Form 1: Delegation Summary Form**
  2. **Summer Games Form 1: State Delegation Summary Form**
  3. **Summer Games/Area Form 2: Individual Athlete Event Registration**
    - a. One per Athlete (both sides completed)
    - b. Please print clearly with red ink or hi-lite. This helps insure we do not miss an event.
    - c. **All distances must be recorded in meters and centimeters.**
  4. **Summer Games Form 3: Team Volleyball Registration**

Complete a registration form for each volleyball team that you enter. Please assign a 2-digit number for each team beginning with 01. Also, make sure that each athlete participating on the team has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
  5. **Summer Games Form 4: Team Soccer Registration**

Complete a registration form for each soccer team that you enter. Please assign a 2-digit number for each team beginning with 01. Also, make sure that each athlete participating on the team has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
  6. **Summer Games/Area Form 5: Swim Relay Registration**

Complete a registration form for each aquatics relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
  7. **Summer Games/Area Form 6: Athletics Relay Registration**

Complete a registration form for each athletics relay that you enter. Please assign a 2-digit number for each relay beginning with 01. Also, make sure that each athlete participating on the relay has the correct 2-digit team id number marked on his/her individual athlete event form (Summer Games/Area Form 2).
  8. **Summer Games Form 7: State Summer Games Housing Registration**

If you are staying in the dorms, this form is required when Summer Games are held in Spearfish. When in Vermillion, you will be emailed your dorm housing registration form based on the information you provide us in Summer Games Form 1.
  9. **Form L: Volunteer Roster**

This form should have been included in your Area Registration. Update as needed. Please list all chaperones, coaches and Unified Partners who will accompany your group. Each person on this list must have the appropriate applications on file with the State Office.
  10. **Form M: Certificate of Training / Acknowledgment of Policies**

A number of minimum training hours have been established for each sport. Please be sure your athletes have met the minimum training requirements.
- 

***These forms must be included if not already on file at the State Office. Forms can be found at [www.sosd.org](http://www.sosd.org) under the "Competition" Tab***

11. **Form A: Athlete Registration**

For new athletes and those who have expired forms.
12. **Form B: Athlete Release**

For new athletes and those who have expired forms.
13. **Form C: Community Reinvestment Act (CRA)**

For new athletes and those who have expired forms.



14. **FORM N: Communicable Disease waiver**  
For new athletes and those who have expired forms.
15. **FORM Y: Athlete Medical Form**  
For new athletes and those who have expired forms. The completed form to be brought to the athlete's physical exam.
16. **FORM Z: Medical Physical Information**  
For new athletes and those who have expired forms. The Doctor will document the physical exam on this form.
17. **Form D: Class A Volunteer & Unified Partner Registration**  
One per coach/chaperone must be on file with the State Office.

**RETURN REGISTRATION FORMS TO:**  
**Special Olympics South Dakota 800 E. I-90 Lane Sioux Falls, SD 57104**  
**Or Email to your event contact at the State Office**  
**To contact the State Office: (605)331-4117**

**YOU WILL RECEIVE REGISTRATION CONFIRMATION AND TOURNAMENT/COMPETITION  
UPDATES VIA EMAIL. PLEASE CHECK OFTEN.**

# 2024 STATE SUMMER GAMES DELEGATION SUMMARY FORM

Name of Delegation: \_\_\_\_\_

Head of Delegation (Level 2 Certified): \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Cell # During The Games: \_\_\_\_\_

Delegation Totals: # of Coaches & Chaperones \_\_\_\_\_

# of Athletes: \_\_\_\_\_

This # cannot exceed T-shirt #'s

Delegation Total: \_\_\_\_\_

## HOUSING

We will be staying in the residence halls ☐

It is understood the numbers provided below are estimates. You will be E-mailed USD room assignment forms closer to Summer Games. These forms will require you to identify and assign all guests to specific rooms.

# of **Male** Athletes, Coaches & Chaperones \_\_\_\_\_

# of **Female** Athletes, Coaches & Chaperones \_\_\_\_\_

Delegation Totals: \_\_\_\_\_ **You will pay \$20 per guest for campus housing**

## T-SHIRT NUMBERS

Registered Athletes

Youth S	Youth M	Youth L	Small	Medium	Large	XL	2XL	3XL	4XL

Registered Coaches/Chaperones

Small	Medium	Large	XL	2XL	3XL	4XL

T-shirt #'s CANNOT exceed Delegation Totals

## MEALS

**Our delegation will be attending the following meals:**

(please put approximate numbers attending each meal if different from your whole delegation)

\_\_\_\_\_ Friday Breakfast \_\_\_\_\_ Friday Lunch \_\_\_\_\_ Friday Supper

\_\_\_\_\_ Saturday Breakfast \_\_\_\_\_ Saturday Lunch

Attending Opening Ceremony on Thursday evening: ☐ Yes ☐ No

Delegation Registration Time: Date: \_\_\_\_\_ Time: \_\_\_\_\_

Certificate of Training / Acknowledgment of Policies (Form M): ☐ Enclosed

Volunteer Roster (Form L): ☐ Enclosed

I'm registering for:

☐ Area Only

☐ Area & State

Name: \_\_\_\_\_ ☐ Athlete ☐ Unified Partner

First                      MI                      Last

Athletes Sex ☐ Male ☐ Female

Age: \_\_\_\_\_ DOB: \_\_\_\_\_  
 \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Name of Delegation:

Head of Delegation:

***These events are offered at both Area & State Summer Games. Use this form to register for both. Hi-lite events entered.***

*Athletes are limited to 1 field, 2 running /wheelchair and 1 relay OR 2 field, 1 running /wheelchair and 1 relay*

## Track Events

Track Events		Min	Sec
	100 M Dash		
	200 M Dash		
	400 M Dash		
	800 M Run		
	1500 M Run		
	3000 M Run		
Team #	<input type="text"/> 4X100 M Relay		
Team #	<input type="text"/> 4X100 M Unified Relay		
Team #	<input type="text"/> 4X400 M Relay		
	50 M Dash		
	50 M Walk		
	10 M Assisted Walk		
	25 M Assisted Walk		
	50 M Assisted Walk		

## Wheelchair Events

☐ Motorized      ☐ Non-Motor

		Min	Sec
	100 M Wh Ch		
	200 M Wh Ch		
	10 M Wh Ch		
	25 M Wh Ch		
	30 M Slalom Wh Ch		
Team #	<input type="text"/> 4X25 Wh Ch Relay		

## MATP Events\*

MATP Events*	Min	Sec
Tennis Ball Throw		
10 M Race		
25 M Race		

\*See Track & Field Handbook for explanation of MATP

*Athletes can enter only 1 of the following: Shot put, Tennis Ball Throw, Softball Throw or Mini Jav*

*Athletes can enter only 1 of the following: Standing Long Jump, Running Long Jump or High Jump*

## Field Events

**Metric measures ONLY**

	m	cm
Running Long Jump		
High Jump		
Shot Put		
Softball Throw		
Tennis Ball Throw		
Standing Long Jump		
Mini Jav		

Must Jump a 1M minimum

## Pentathlon

	Min	Sec
100 Meters		
800 Meters		

	m	cm
Running Long Jump		
High Jump		
Shot Put		

*Athletes are limited to 3 open events and 1 relay*

## Swimming Events

	Min	Sec	Assist
100 M Freestyle			
100 M Backstroke			
100 M Medley			
50 M Freestyle			
50 M Backstroke			
50 M Butterfly			
50 M Breaststroke			
Team # <input type="text"/> 4X25 M Relay			
Team # <input type="text"/> 4X50 M Relay			
Team # <input type="text"/> 4X25 M Unified			

Assistance: If an athlete needs assistance, please use this key in the "Assist" column: 1=Assistance in pool 2=Touch start 3=Visual start 4=Assistance in staging 5=Assistance on deck 6=Needs outside lane

	Min	Sec	Assist
25 M Freestyle			
25 M Backstroke			
25 M Butterfly			
25 M Breaststroke			
25 M Floatation			
25 M Assisted Swim			
15 M Assisted Swim			
15 M Walk			
15 M Floatation Race			
15 M Freestyle			

### MATP Events\*

\*See Swimming Handbook for explanation of MATP

	Min	Sec
15 M		
25 M		

Athlete Name: \_\_\_\_\_  
First MI Last

***The following events are offered at the State Summer Games only***

**Soccer Skills**  Individual Soccer Skills Total Points

**Team Soccer**  5-Aside Soccer Team ID

**Unified Soccer**  5-Aside Unified Soccer Team ID

**Volleyball Skills**  Individual Volleyball Skills Total Points

**Team Volleyball**  Team Volleyball Team ID

**Unified Volleyball**  Unified Volleyball Team ID

## Powerlifting

*Athletes must be at least 16 years of age*

Unified Powerlifting Team ID

Bench Press  (Weight Successfully Lifted)

Dead Lift		(Weight Successfully Lifted)
-----------	--	------------------------------

Squat  (Weight Successfully Lifted)

Double Combination (bench press & dead lift)

Total Lifted 

Triple Combination (bench press, dead lift & squat)

Total Lifted 

## Summer Games

### Schedule of Events:

Friday Morning

## Volleyball Skills

## Soccer Skills

### Friday Afternoon

## Team Volleyball

Friday All Day

## Powerlifting

## Swimming

Team Soccer

Saturday All Day

Track &amp; Field

**Event Restrictions:**

- If you enter Powerlifting, Swimming, or Team Soccer you cannot enter any other event on Friday.
- You are limited to the following Swimming events: 3 open events and 1 relay.
- You are limited to the following Athletic events: 1 field, 2 running/wheelchair and 1 relay OR 2 field, 1 running/wheelchair and 1 relay.
- If competing in the Pentathlon, athletes may also enter 1 relay event.
- Athletes can enter only 1 of the following: shot put, tennis ball throw, softball throw or mini jav.
- Athletes can enter only 1 of the following: standing long jump, running long jump or high jump.
- Athletes must jump a minimum of 1 meter to compete in the running long jump.
- Opening height in the high jump will be 1 meter. This height must be successfully jumped in the Area event in order to qualify for this event at State.
- If an athlete throws the tennis ball over 15.24m (50 ft.), it is recommended they compete in the softball throw instead. If they throw the softball over 24.39m (80 ft.), it is recommended they compete in the shot put instead. However, an athlete will not be disqualified if they exceed these established distances.
- ***DISTANCES MUST BE RECORDED IN METERS AND CENTIMETERS***

# 2024 TEAM VOLLEYBALL REGISTRATION & ROSTER

Please copy and submit one per team

Name of Delegation: \_\_\_\_\_

Team Name or Number: \_\_\_\_\_  
(Limit of 10 characters)

☐ **Traditional Team**      ☐ **Unified Team**

	<b><u>ATHLETE NAME:</u></b>	Uniform #	X Unified Partner	M/F:	AGE:
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____
11.	_____	_____	_____	_____	_____
12.	_____	_____	_____	_____	_____

Level 2 Certified Head Coach: \_\_\_\_\_

Coaches 1. \_\_\_\_\_ 2. \_\_\_\_\_



# 2024 TEAM SOCCER REGISTRATION & ROSTER

Please copy and submit one per team

Name of Delegation: \_\_\_\_\_

Team Name or Number: \_\_\_\_\_  
(Limit of 10 characters)

**Traditional Team** Junior 8-15: \_\_\_\_\_ Schooler 16-21: \_\_\_\_\_ Senior 22 +: \_\_\_\_\_

**Unified Team** Junior 8-15: \_\_\_\_\_ Schooler 16-21: \_\_\_\_\_ Senior 22 +: \_\_\_\_\_

	<b><u>ATHLETE NAME:</u></b>	Uniform #	X Unified Partner	M/F:	AGE:
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____
6.	_____	_____	_____	_____	_____
7.	_____	_____	_____	_____	_____
8.	_____	_____	_____	_____	_____
9.	_____	_____	_____	_____	_____
10.	_____	_____	_____	_____	_____

Level 2 Certified Head Coach: \_\_\_\_\_

Coaches 1. \_\_\_\_\_ 2. \_\_\_\_\_



## 2024 SWIM RELAY REGISTRATION (FOR AREA AND STATE)

Please copy and submit one per relay

Name of Delegation: \_\_\_\_\_

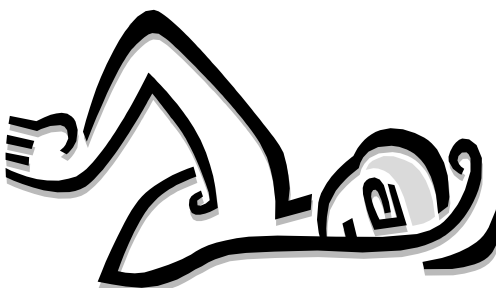
TEAM #:

- |   |   |
|---|---|
| <input type="checkbox"/> Junior Team            | <input type="checkbox"/> Senior Team    |
| <input type="checkbox"/> 4 X 25 M Relay         | <input type="checkbox"/> 4 X 50 M Relay |
| <input type="checkbox"/> 4 X 25 M Unified Relay |   |
| <input type="checkbox"/> Coed/ Male             | <input type="checkbox"/> Female         |

TEAM TIME: MIN. \_\_\_\_\_ SEC. \_\_\_\_\_

	<b>ATHLETE NAME:</b>	<b>M/F:</b>	<b>AGE:</b>
First Leg:	_____	_____	_____
Second Leg:	_____	_____	_____
Third Leg:	_____	_____	_____
Fourth Leg:	_____	_____	_____
Alternate:	_____	_____	_____

- Unless there are extenuating circumstances, your relay teams should be the same for both the Area and the State Meets.



## 2024 ATHLETICS RELAY REGISTRATION (FOR AREA AND STATE)

Please copy and submit one per relay

Name of Delegation: \_\_\_\_\_

TEAM #:

☐ Junior Team

☐ Senior Team

☐ 4 X 100 M Relay    ☐ 4 X 100 M Unified Relay    ☐ 4 X 400 M Relay    ☐ 4 X 25 M Wh Chair Relay

☐ Coed/ Male

☐ Female

TEAM TIME: MIN. \_\_\_\_\_ SEC. \_\_\_\_\_

**ATHLETE NAME:**

**M/F:**

**AGE:**

First Leg: \_\_\_\_\_

Second Leg: \_\_\_\_\_

Third Leg: \_\_\_\_\_

Fourth Leg: \_\_\_\_\_

Alternate: \_\_\_\_\_

- Unless there are extenuating circumstances, your relay teams should be the same for both the Area and the State Meets.





# Volunteer Roster

FORM L  
Revised 12/2022

School/Agency: \_\_\_\_\_

Event: State Summer Games

This form is required for all Local, Area, and State Games. All Special Olympics volunteer applicants (Class A) who have regular, close physical contact with athletes; are in a position of authority or supervision of athletes; are in a position of trust of athletes; and/or handle substantial amounts of cash or other assets of athletes, are subject to mandatory background / motor vehicle checks initiated and paid for by SOSD. **Form E (Class A Volunteer Application) must be on file at the State Office.** Examples of Class A volunteers includes, but are not limited to Coaches, Chaperones, and adult Unified Partners.

**All volunteers appearing on this roster must be at least 16 years of age and cleared by SOSD before attending an event.**

- DO NOT LIST UNIFIED PARTNERS ON THIS FORM
- ONLY LIST EACH PERSON ONCE

**HOD:** This describes a person over seeing an entire delegation and has completed Level 1 and 2 Coaches Training Courses (**One person per delegation**).

**Head Coach:** This describes a person who trains athletes, leads teams and has completed Level 1 and 2 Coaches Training Courses. (**Unified Head Coaches must complete these plus Coaching Unified Sports**).

**Coach:** This describes a person who trains athletes, leads teams and has completed Level 1 Coaches Training Course. (**Unified Coaches must complete these plus Coaching Unified Sports**).

**Chaperone:** This describes someone who supervises athletes. A Chaperone CANNOT coach athletes.

The maximum Coach/Chaperone: Athlete ratio is 1:1  
The minimum Coach/Chaperone: Athlete ratio is 1:4

**CUSC:** Put an X in the box if Coaching Unified Sports Certified

**Area / State:** Put an X in the box indicating which event(s) each volunteer will be attending

HOD (Level 2 certified)		CUSC	Area	State	Chaperone (Include Minors)		Area	State
1.					1.			
Head Coach (Level 2 certified)		CUSC	Area	State	2.			
1.					3.			
2.					4.			
3.					5.			
4.					6.			
5.					7.			
6.					8.			
7.					9.			
8.					10.			
9.					11.			
10.					12.			
11.					13.			
12.					14.			
Coach (Level 1 certified)		CUSC	Area	State	15.			
1.					16.			
2.					17.			
3.					18.			
4.					19.			
5.					20.			
6.					21.			
7.					22.			
8.					23.			
9.					24.			
10.					25.			
11.					26.			
12.					27.			
13.					28.			

**When State Summer Games are held in Vermillion, Summer Games Form 7 is not required. You will be provided a room assignment form after we receive your intent to utilize campus housing.**

# Certificate of Training / Acknowledgment of Policies

## Certificate of Training

One copy of this form is required for each State Event in which you are registering, i.e. one for Basketball, one for the Fall Classic, one for Summer Games.

Date of Event: \_\_\_\_\_

Sport: State Summer Games

I confirm that the athletes from: \_\_\_\_\_

- Have fulfilled the minimum hours of training for the above sport
- Began training at least 8 (eight) weeks prior to this competition
- Have met all requirements of Special Olympics South Dakota

### Minimum Training Requirements

Bowling	Bowl a minimum of five (5) 3-game series or a total of 15 games over a minimum of 8 weeks.
Basketball	A minimum of 15 hours over a minimum of 8 weeks.
Summer Games	A minimum of 15 hours over a minimum of 8 weeks. The number of hours required would be divided among the number of sports in which you are participating; for example: 3 sports - 5 hours per sport / 2 sports - 7.5 hours per sport / 1 sport - 15 hours
Equestrian	A minimum of 15 hours over a minimum of 8 weeks.
Fall Classic	A minimum of 15 hours over a minimum of 8 weeks. The number of hours required would be divided among the number of sports in which you are participating; for example: 2 sports - 7.5 hours per sport / 1 sport - 15 hours

## Sports Specific Handbooks

By signing below, I acknowledge I have read and understand the rules of the sport(s) being contested.

## Acknowledgment of Policies

By signing below, I acknowledge I have read, understand, and am abiding by the following policies set forth by Special Olympics South Dakota:

***These policies can be found in Section A of the Competition Guide:***

- |  |  |
|--|--|
| • 15 Passenger Van Use Policy                    | • Service Animal Policy                              |
| • Sub Program Request for Merchandise Procedures | • Concussion Awareness and Safety Recognition Policy |
| • Volunteer Screening Policy                     | • Coaches Education                                  |
| • Athlete Housing Policy                         | • Delegation Financial Accounts & Assets             |
| • Insurance Information                          | • Interpreter Policy                                 |
| • Social Media Policy                            |  |

\_\_\_\_\_  
Head of Delegation Signature

\_\_\_\_\_  
Date